

TEXAS KALI MASTERY CAMP

RECOMMENDED GEAR LIST

What to bring:

- Training clothes – be ready to get dirty
- Workout shoes – indoor / outdoor
- Water bottle
- Training gear: 2 sticks, 2 training knives, eye protection (ie: racquetball goggles)
- Towel
- Sleeping bag & pillow
- Sunblock
- Hat for sun
- Insect repellent
- toiletries (soap, toothpaste, etc.)
- Small flashlight
- Racquetball goggles / eye protection

Other suggested items:

- Plastic bag to pack dirty clothes
- Sandals or flip flops for shower
- Power bars, nutrition snacks
- Sports Band-Aids
- Still camera
- Notebook & pen

What will be provided for you:

- Sibat (for use)
- Group lodging (cabins with bunkbeds)
- Meals
- Training

Prohibited items:

- Ø Alcohol, cigarettes & illegal drugs
- Ø Firearms and weapons other than those for training
- Ø Radios or musical devices (except with headphones)
- Ø Video cameras are not permitted during instruction

***You must bring your own towel, sleeping bag and pillow.**

Note: some gear including sticks, knives, gear bags, sibat, and more will be available for purchase