

TEXAS KALI MASTERY CAMP 2009

OCTOBER 9-10



INFORMATION AND REGISTRATION

OPEN TO ALL LEVELS AND ALL STYLES

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The Texas Kali Mastery Camp is a comprehensive skills development program featuring Filipino Kali, also known as Arnis or Escrima. We call it a mastery camp because we focus on mastering or perfecting your skills and understanding of the Filipino martial arts starting with the foundation, then working up to more advanced tactics. We will have several training sessions over the weekend to develop physical skills, coordination and tactical application. In addition to physical training, we will have presentations that include strategies, principles as well as cultural and historical insights. The camp will include training, food and lodging, so you don't have to worry about the details. Our goal is to motivate, challenge and unite enthusiasts of the Filipino martial arts. Mastery begins with the desire to learn. Please join us and prepare for success.

FILIPINO MARTIAL ARTS

The Filipino martial arts, both deadly and beautiful, were developed over 2000 years of warfare. Originally, the Filipino martial arts or warring arts were known as Kali, a word derived from the word kalis, which is a type of sword used by the ancient warriors from the Philippines, previously known as the Maharlikas or "beautiful islands."

In the 16th Century, Spain invaded the Maharlikas looking for wealth. The Spanish renamed the islands after the young King Philip II and after the many island pine trees to become - the "Philippines". Once in power, the Spanish banned the practice of Kali and the possession of bladed weapons. Kali was then practiced in secret using sticks instead of blades, and the movements were sometimes hidden in dance.

Filipinos analyzed Spanish fighting styles and sometimes appropriated Spanish terminology to teach their own fighting methods. The Spaniards referred to Kali as Eskrima, "to skirmish, fence" or as Arnes de Mano. Eventually, Kali was commonly known as Arnis de Mano or Arnis for short.

In the 20th century, Kali was put to the test with modern weapons. American forces entered the Philippines in 1898 and defeated the Spanish. Filipino resistance to American rule was encountered, and the indomitable spirit of the Filipinos forced the Americans to design the .45 caliber Colt model 1911 sidearm. The original issue at .38 caliber did not have enough power to stop the valiant Filipinos who continued to attack despite injury.

From this same conflict, American marines got the nickname "Leathernecks." Many marines were dying from Filipino blades so leather neck protection was issued to keep the marines from getting their throats cut. Later, in WWII, Americans and Filipinos fought side-by-side against Japanese forces. No matter what weapons of war were encountered, the Filipinos used their guerrilla strategies to bring the battles to close range where their blades proved effective.

WEAPONS CATEGORIES:

Kali today is a complete system of training that includes a variety of weapons. At the Texas Kali Mastery Camp we will have the opportunity to learn about all of the following:

Solo Baston – Solo baston includes single stick, machete, bolo, kalis, espada (sword), or any long weapon held primarily in one hand. It is the primary training category to develop the principles, attributes, mechanics, tactics, and strategies of Kali. For safety, training usually employs a rattan stick, measured from armpit to fingertips, but application is suited for both edged and impact weapons.

Doble Baston - Doble baston, or “double stick,” includes training with two long, one-handed weapons of equal or similar length. Doble baston is also known as sinawali. Sinawali is a name derived from sawali, patterns found in woven panels of split bamboo used for walls, mats and other construction in the Philippines. The complex intertwining movements of the doble baston remind one of the sawali weaving patterns. Training with doble baston develops ambidextrous coordination to be used with all categories of weaponry.

Daga – Daga or Dagaso Tirsia includes close range infighting with knife and dagger tactics. This includes the use of 1 or more knives of any size from an inch or less to the length of the forearm. Techniques applied are passing, guiding and slashing rather than blocking and grabbing. Knife technology is the core of Pekiti Tirsia and a sum of all its parts. Daga application is refined with skills drawn from all other weapons categories.

Malayu Sibat – The Malayu Sibat subsystem includes any weapon that requires two hands for control, including long sticks of many lengths, spears, swords, even rifles and bayonets. Based on the spear (sibat) at long distance (malayu), Malayu Sibat methods attack with continuous slashing motions and powerful hooking thrusts targeting the body, legs, hands and head of an opponent. Training in Malayu Sibat rapidly develops torque and body mechanics used with other weapons categories in the Pekiti Tirsia System.

Dumog - Pangamut – The use of empty hands, includes what is known as Dumog and Pangamut. Dumog is Filipino grappling and involves close quarter grappling techniques, throws, breaks and ground-fighting. Pangamut includes fighting skills with the hands and involves mostly striking, evading, and guiding with hands, forearms, and elbows.

CAMP OVERVIEW:

The Texas Kali Mastery Camp will begin with orientation, introductions and opening presentations. Throughout the camp we will have multiple physical training sessions including solo and group exercises, technical practice, flow drills, application training and special challenges all with a variety of weapons. Physical training will be alternated with lectures and presentations during which participants can rest. This alternating schedule allows us to take advantage of our time together without tiring everyone beyond what is safe and fun.

Some of the presentations we will have will cover edged weapon attack dynamics, history of the Filipino Martial Arts, highlights of warfare in the Philippines and recent events concerning Kali in military and law enforcement. For your education and enjoyment, we will also have a museum of Southeast Asian antique weapons on display.

TEXAS KALI MASTERY CAMP GOALS AND OBJECTIVES:

- Unite martial artists and enthusiasts who are interested in Kali for camaraderie, learning and fun.
- Energize, motivate and challenge participants to study and develop their skills above and beyond the ordinary.
- Strengthen, enhance and refine the proficiency of participants in the art of Kali.
- Illuminate, revive and impart the philosophies, wisdom and knowledge found in the art of Kali, and to altogether vitalize and invigorate the image of Kali as a highly effective, complete and beautiful martial art.
- Create an outstanding and memorable experience for us all.

INSTRUCTORS:

The staff instructors for the Texas Kali Mastery Camp 2009 include Instructors Leslie L. Buck Jr., Rene Rodriguez, Rudy Salazar, Mike Connolly, Arvee Garde, Bob Ondarza, David Hamilton. All instructors are certified by Grand Tuhon Leo Gaje Jr. and have various experience teaching traditional Kali students as well as Law Enforcement personnel.

Leslie L. Buck, Jr. - President Texas Kali Association. Advanced Instructor Pekiti Tirsia Kali. Edged weapons instructor for US and Philippine Marines during special joint training exercises in the Philippines. Recognized by the secretary of Defense of the Philippines, Orlando Mercado. Instructor Indonesian Martial Art of Pencak Silat. Instructor for numerous Law Enforcement and Military seminars

and conferences including the DPS academy and Texas Tactical Police Officers Association as well as the Philippine National Police, Special Action Force and Crisis Response Group Anti-Terrorist forces of the Philippines.

René Rodriguez - Instructor Pekiti Tirsia Kali. First place champion at the 2001 Battle Royale full contact competition in Ilo Ilo, Philippines. Assistant Instructor at numerous Law Enforcement conferences held at DPS academy and Texas Tactical Police Officers Association. 25 plus years martial arts experience. Third degree black belt and Instructor Chinese Kenpo. Special instructor of Kali/Escrima at NCKKA (National Chinese Kenpo Karate Association) annual training camps. Training also includes Pencak Silat, Tae Kwon Do, Judo, Shuai Chiao, Kendo, and Tai Chi.

Rudy Salazar - Instructor Pekiti Tirsia Kali. Over 41 years of martial arts experience including Kali, Kuntao, Judo, Shotokan and fencing. National fencing competitor for 10 years. Retired military serviceman, having taught U.S. Special Forces. Instructor at UT San Antonio for Emergency Medicine and Rescue. Self defense instructor for San Antonio EMS and Fire. Defensive Tactics and Emergency Medicine Instructor for numerous Law Enforcement seminars and conferences, including the DPS academy and Texas Tactical Police Officers Association. Private instructor for police, border patrol officers and air marshals.

SCHEDULE OF EVENTS:

FRIDAY

2pm - Arrivals / Orientation in San Marcos
3pm - Depart for TKMC site
4pm - Arrival / Introductory training
6pm - Dinner
7pm - Presentation
8pm - Skills Training

SATURDAY

6am - Fundamentals / Coordination
8am - Breakfast
9am - Presentation
10:30 - Mechanics Development
12pm - Lunch
1pm - Presentation
2pm - Skills Training
6pm - Dinner
7pm - Demo / Presentations
8pm - Skills Training

SUNDAY

6am - Fundamentals / Coordination
8am - Breakfast
9am - Skills Training
12pm - Lunch
1pm - Closing Presentations
2pm - Awards / Conclusion

ACCOMMODATIONS:

The Texas Kali Mastery Camp will be held at the popular John Knox Ranch, which lies on the banks of the Blanco River outside Wimberly, Texas. Wimberly is in the heart of the beautiful Hill Country just between Austin and San Antonio, outside San Marcos. The John Knox Ranch has an excellent dining facility, rustic open-air cabins as well as spacious indoor and outdoor training areas surrounded by wooded trails and freshwater springs. Meals prepared by the JKR staff are healthy and good, much better than you would expect for a camp.

Upon registering, we will send you maps and instructions for reaching the camp. We will also have a caravan and carpooling. If you need special assistance, such as a ride from the airport, please let us know. Also, check out our camp section on the Texas Kali website for maps and directions. Please remember you must register in advance to attend.

HOW TO ATTEND:

1. **Contact the TKA** by email, phone or mail and let us know you want to attend.
2. **Mail in the registration form** with deposit or full payment. You will then receive an information packet by email or regular post with all the necessary details to help you prepare for the camp including directions, a list of what to bring, a schedule and more.
3. **Check our website for updates** about the camp.
4. **Join us** for a weekend of fun and learning.

Web: www.TexasKali.org
 www.Camp.TexasKali.org
 info@TexasKali.org

Phone: (512) 970-3077 Leslie Buck

REGISTRATION:

Space is limited! Please reserve your place at the Texas Kali Mastery Camp early. Guarantee your spot by completing the enclosed form and sending it together with a \$50 deposit or full payment to:

Leslie L. Buck
P.O. Box 4683
Austin, Texas 78765

Total price: \$270

Discounted prices:

1. Register before 9-10-09 and get a \$10 discount. Pay only \$260.
2. If you are a current, registered member of the Texas Kali Association, save an additional \$10 by registering before 9-10-08 for a total of only \$250.

Note: We must reserve your accommodations and dining arrangements. Your deposit of \$50 is nonrefundable.

Minimum age requirement is 18 please. Also, we reserve the right to refuse service to anyone for any reason. Thank you.

See registration form below

For any questions please call (512) 970-3077

Texas Kali Mastery Camp 2009 Registration Form

Name: _____

Address: _____

Tel: _____

Email: _____

School / Group : _____

T-shirt size: S M L XL 2XL 3XL

Camp fee: \$270

\$260 (early registration discount)

\$250 (early reg. + member discount)

****Please register with a \$50 deposit or pay in full. Register before 9/10/09
for a discounted rate.**

Make checks payable to Leslie Buck. Send to P.O. Box 4683 Austin, TX 78765